



Youth Empowerment Seminar (YES!)

Residential Seminar, 12-16 August 2009 (London, UK) Student Registration and Permission Form

PLEASE COMPLETE IN BLOCK CAPITALS WITH CLEAR WRITING.

Name: _____ Age: _____ Gender: M F D.O.B: ___/___/___

Parent/Guardian: _____ Address: _____

_____ Post Code: _____

Email (Parent/Guardian): _____ Email (Participant): _____

Please list any Health / Psychological Conditions or concerns (e.g. nut allergies, asthma etc.): _____

Please list any medications the participant is taking: (prescription or non-prescription): _____

Has the participant taken part in previous YES! Programmes? YES / NO

(If yes, please list date, location, and teacher):

By signing below, I give my son/daughter permission to participate in the YES! Course conducted by an Art of Living teacher. I understand that my son/daughter needs to attend all sessions and fully participate to maximise his/her benefits. I further understand that my son/daughter must not disclose the contents of the seminar or attempt to instruct others in any of the techniques or processes taught on the seminar.

Signature of parent/guardian: _____ **Date:** ___/___/___

Signature of participant (if 18+): By signing below, I accept the terms listed above.

Signature: _____ **Date:** ___/___/___

Please print and sign a copy of these forms and send together with a cheque for a £100 (**non-refundable**) deposit or the full £250 (made payable to the "Art of Living Foundation South") to the following address: **Mrs U. Patel, 96 Hillside, Banstead, Surrey SM7 1HA.** A confirmation of your son/daughter's place on the course will be sent to you via email. If you have any questions, please do not hesitate to contact us at rashmi@artoflivinglondon.org

Please ensure that all sections of the form are completed and that you have signed both the application form and the medical/liability release. One form must be completed per participant.

This section to be filled in by the YES! Teacher/Administration Team only:

Deposit: _____ **Date balance paid:** _____



Youth Empowerment Seminar Medical / Liability Release Form

Name of Student:

Date of Birth:

Address (& Postcode):

Delete as appropriate: Participant on course/Youth assisting on course

1. I, (parent/guardian if participant is under age 18), give permission to my above named son/daughter to attend the YES! COURSE on the following date(s): If needed, for health reasons, I give permission for my son/daughter to be evaluated, diagnosed, treated, and/or given medication in accordance with standard medical practice by licensed medical personnel.
2. I relieve the INTERNATIONAL ART OF LIVING FOUNDATION UK, ITS TEACHERS, TRUSTEES AND/OR DIRECTORS of all responsibility and consequences that may arise as a result of medical treatment. I will not hold the INTERNATIONAL ART OF LIVING FOUNDATION UK, ITS TEACHERS, TRUSTEES AND/OR DIRECTORS liable in the event of injury. Further, I agree to accept any and all financial responsibility as a result of scheduling medical treatment.
3. My son/daughter agrees to abide by all the rules and regulations stated by the INTERNATIONAL ART OF LIVING FOUNDATION UK and the YES! TEACHERS/ASSISTANTS. I understand that the INTERNATIONAL ART OF LIVING FOUNDATION UK will not be liable if my son/daughter fails to cooperate with regulations, and that any infringement of the rules may result in immediate dismissal from the activity and/or course at my expense.
4. I hereby give the irrevocable and unrestricted rights to use my son or daughter's performance (in whole or in part), image, name, voice, writings, and likeness for all non-commercial written, audio and/or visual presentations. I understand and acknowledge that the written, audio and/or video presentations may be used in brochures, videos and on websites for the purposes of advancing the YES! course around the world. The INTERNATIONAL ART OF LIVING FOUNDATION UK is a nonprofit educational and humanitarian organisation.

Signature of parent/guardian:

Signature of participant (IF OVER 18):

Family Doctor: **Phone:** (.....).....

Allergies:

Current medications:

Medical history:

Participant's National Health Service number:

In case of emergency, please contact:

Name: _____ **Phone:** (_____) _____

OR

Name: _____ **Phone:** (_____) _____

NB: One form must be completed for each person attending



Youth Empowerment Seminar (YES!)

Residential Seminar, 12-16 August 2009 (London, UK) Info Sheet

What is “YES!”?

The YES! Residential is a dynamic, intense and inspirational life skills seminar for 14-18s. This challenging programme is packed with processes, games and techniques for mastering the mind, sharpening the intellect and increasing physical fitness. This year's residential also features special workshops on wealth mastery, project management and effective study-skills. All this combined with a specially tailored programme of follow-ups including an introduction to careers in corporate law, finance, business, journalism, medicine, politics, teaching and more!!! It's a great opportunity to meet people and kick-start the new academic year in style.

How do I apply?

Please fill in the application form and medical/liability release form above IN BLOCK CAPITALS and LEGIBLE writing and send to Mrs. U. Patel, 96 Hillside, Banstead, Surrey, SM7 1HA together with a cheque for the full amount of £250 (or a non-refundable £100 deposit) payable to “The Art of Living Foundation UK South”. Where deposits are paid, the balance will be payable by 1st August 2009. Places will be reserved only on receipt of a fully completed and signed application form and cheque for at least the £100 deposit.

Please note that due to the high level of demand, there is no Early Bird fee available for this course. However, registrations WILL close once all the places have been allocated and so we urge you to send in your application as soon as possible to avoid disappointment :)

When is it and what are the timings?

The course runs from 12th-16th August. Participants are asked to arrive at the venue between 4.30-5.30pm in order to register and settle in before dinner. The first session will begin after dinner on 12th August and the last session will end at 3pm on Sunday 16th August.

Please note that the YES! Residential is an intensive and highly flexible course and may begin in the early mornings and finish late at night.

What do I need to bring?

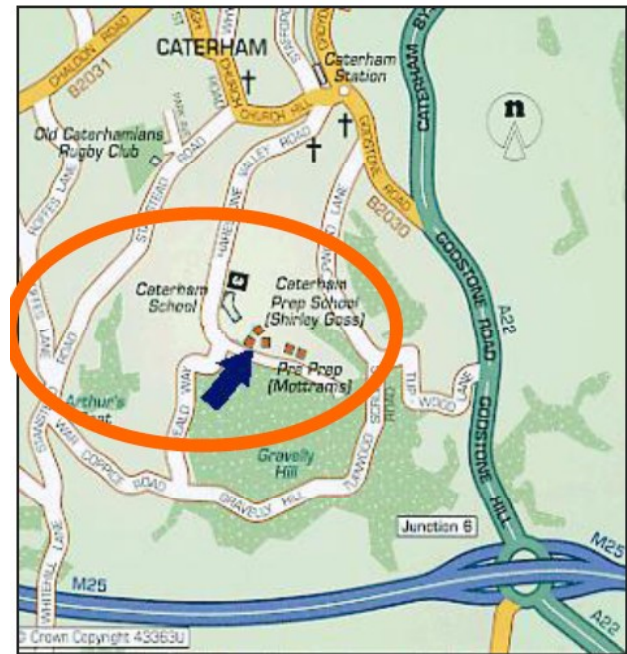
- Bottle of water
- Special notebook and pen (and colouring pencils/pens)
- Yoga mat and blanket/shawl
- Plenty of clothes (indoor and outdoor) including a jumper/raincoat and trainers
- Nice clothes for the evenings/finale
- Toiletries (toothpaste, shower gel/shampoo) and a towel
- Musical instruments if you play any!!

NB: We do not recommend that participants bring their I-PODs, portable game consoles etc. as we cannot guarantee the security of such items.

Where is it and how do I get there?

The course will take place at Caterham School, Harestone Valley Road, Caterham, Surrey, CR3 6YA. Best ways to get there are as follows:

- **By car:** Easy access from the M25, Junction 6. (Please check directions before driving as GPS signals can often be confused in the area!)
- **By Rail:** We encourage you to come by public transport. Caterham station is less than a kilometer away and has a frequent rail service from London Victoria and London Bridge.
- **By Air:** From Gatwick Airport – by taxi (20mins, approx. £30) or by rail (please allow half an hour for connections).



Any questions?

If you have any questions, feel free to contact the course instructor at rashmi@artoflivinglondon.org.

BUT, as any YES! Graduate will tell you, it's best to hold on to those questions, take a dive into the deep end and just EXPERIENCE the course. This year in Caterham, you will have a dedicated team of teachers and assistants on hand to take care of every need and all participants will also benefit from our special YES! mentoring programme.

More on all of this and other opportunities for YES! graduates during the course.

For now, don't think too much, just make sure you get those application forms in ASAP as we only have a limited number of places remaining! And remember, registrations WILL close as soon as all places are allocated and any applications received after that will be placed on a waiting list!

We look forward to welcoming you to the course!

YES! Crew